# Assessment for Right Support Pilot Project

The purpose of this assessment is to identify the benefits and potential concerns that arise, when thinking of the supports changing for a person involved in the pilot.

It is called a P.P.C.O. – Pluses, Potential, Concerns and How to Overcome.

This should be conducted with the person and those who know his/her support needs the best.

1. **Outline the tentative plan of action**. It should be only a few sentences long and it should be related to the support needs and living arrangements being discussed. Finish the sentence below:

What I see myself doing is:

**2) Pluses:** Below, list at least 4 pluses or specific strengths of your tentative plan. What is good about your plan NOW? If you have more than 4 pluses, go ahead and write them down.

1.

2.

3.

4.

1. **Potentials:** Now list at least three potentials, speculations or possible future gains from the plan. When this plan has become a reality, what has become possible. To help you answer this, you can use the phrase: As a result of this plan, it /I might…”

1.

2.

3.

1. Finally, list ALL the **concerns** you have about the plan. Try to phrase each concern as an open-ended question that will allow you to overcome each one and move forward. Here’s an example: “How to ensure safety at night.”

How to…

How to….

How to…

1. Now, review all the concerns. Decide which one is the most important. Generate at least 6 ways **to overcome that concern.** Once you have enough ideas to overcome your most important concern, move on to the NEXT most important and generate ways to overcome this. Do this until all of the concerns have been overcome.

CONCERN 1: How to…

Ideas for overcoming Concern 1:

1.

2.

3.

4.

5.

6.

CONCERN 2: How to…

Ideas for overcoming Concern 2:

1.

2.

3.

4.

5.

6.

CONCERN 3: How to…

Ideas for overcoming Concern 3:

1.

2.

3.

4.

5.

6.

1. FINAL STEP: Review all the information from the P.P.C.O. and especially the ideas you generated to overcome concerns. Build on the initial plan you had and add more detail about how concerns will be overcome. YOU NOW HAVE A PLAN FOR MOVING FORWARD!

The new plan is: