

Use of N95 Masks

Hand Hygiene

- ✓ Clean your hands before and after touching your N95 mask

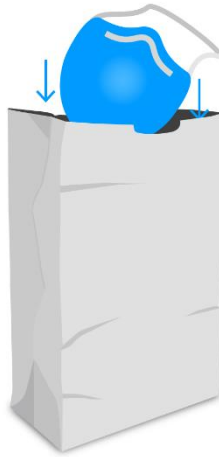


Consider using a procedure mask over your N95 mask, and choosing a face shield as your eye protection.

- ✓ This reduces surface contamination on the N95 mask itself.

Be safe when Removing your N95 Mask

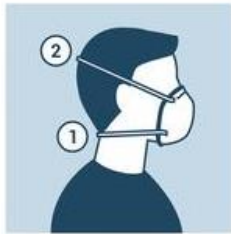
- ✓ Only touch the straps of the N95 mask
- ✓ Keep N95 in a clean, breathable container such as a paper bag between uses



Ensure N95 mask is put on properly



HOLD THE MASK IN YOUR HAND AND PLACE IT ON NOSE, MOUTH & CHIN



POSITION THE BOTTOM STRAP UNDER YOUR EARS AND THE TOP STRAP AT THE BACK OF YOUR HEAD



PRESS THE METALLIC WIRE TO FIT THE SHAPE OF YOUR NOSE AND FACE



PERFORM SEAL CHECK #1: Place hands at edges of the mask and exhale. Adjust if there are leaks.
PERFORM SEAL CHECK #2: Sharply inhale while covering the front of the mask with your hands. You should feel the mask 'suck in' towards your face.

When to Discard an N95 Mask

- ✗ Contaminated with bodily fluids
- ✗ Damage, rips, tears
- ✗ Becomes wet