

Putting On & Taking Off Droplet-Contact PPE

How to Put on & Take Off PPE

- ✓ How you take off your PPE matters!
- ✓ Pay particular attention to the order of how to remove your PPE and when to perform hand hygiene to avoid accidental self-infection





Putting On Full PPE

<https://youtu.be/s2z1uM1fXN8?t=8>
(2 minutes)

Taking Off Full PPE

https://www.youtube.com/watch?v=crGIUX3_4DA
(1 minute)

| How to Put On Personal Protective Equipment | |
|---|--|
| 1 | PERFORM HAND HYGIENE  |
| 2 | PUT ON GOWN  |
| 3 | PUT ON MASK OR N95 RESPIRATOR  |
| 4 | PUT ON EYE PROTECTION  |
| 5 | PUT ON GLOVES  |

| How to Remove Personal Protective Equipment | |
|---|---|
| 1 | REMOVE GLOVES  |
| 2 | REMOVE GOWN  |
| 3 | PERFORM HAND HYGIENE  |
| 4 | REMOVE EYE PROTECTION  |
| 5 | REMOVE MASK OR N95 RESPIRATOR  |
| 6 | PERFORM HAND HYGIENE  |

Differences with COVID-19

- Masks and eye protection are being used at all times
 - Eye protection can be cleaned when moving between isolation zones: use a disinfectant wipe to clean first the inside, then the outside of the eye wear.
 - Wear a procedure mask on top of your N95 mask.
 - Only take off the procedure mask when exiting the isolation zone.
 - Then, reapply a fresh procedure mask on top of your N95 mask.
 - This 'extra layer' will help reduce surface contamination on your N95 mask, and will limit any time when your mask is off

Where to Put On & Take Off PPE

- ✓ Put on additional PPE *before going into* the individual's isolation zone
- ✓ Take off additional PPE *at the exit of* the individual's isolation zone

