

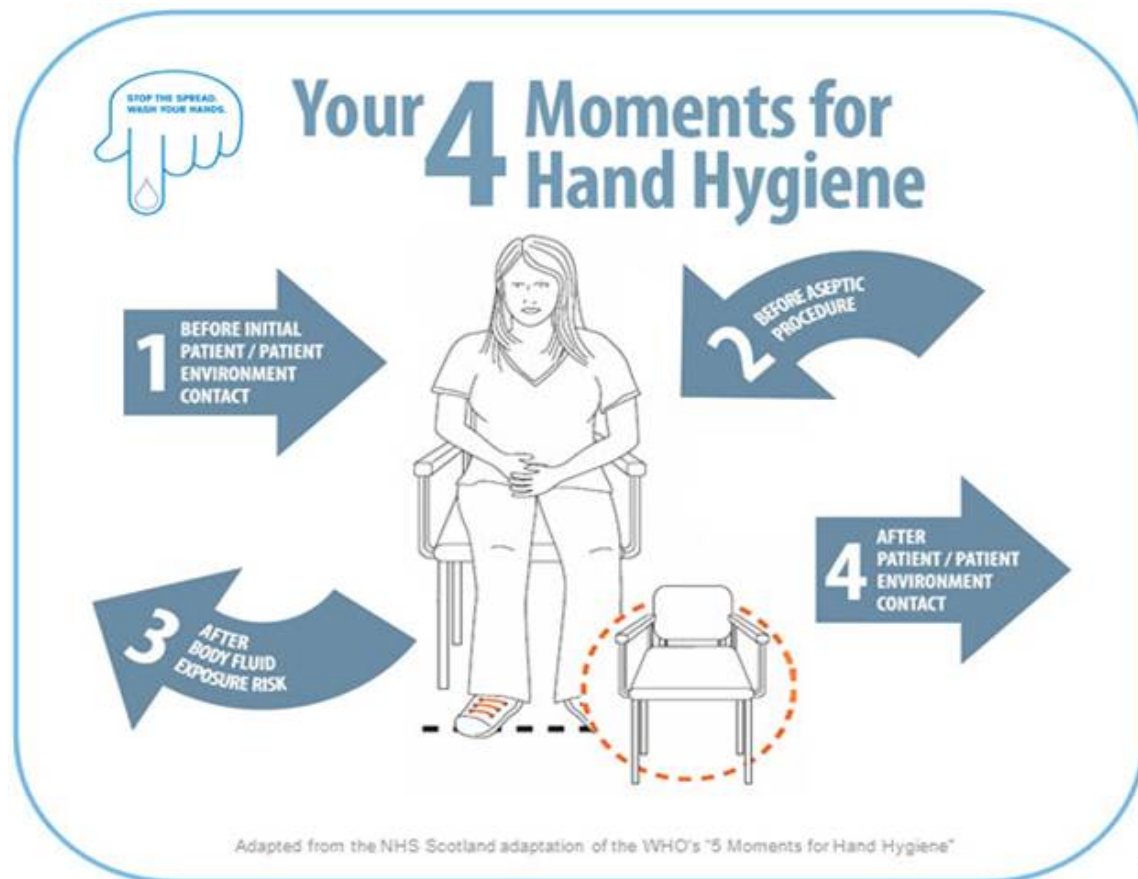
4 Moments of Hand Hygiene

The power to make a difference is in your hands!

When should hand hygiene be performed?

- ✓ Before preparing, handling, serving or eating food
- ✓ After personal body functions
- ✓ Before putting on and after taking off gloves

In addition to the above, remember to clean your hands at these four essential moments where the risk of infection transmission is greatest:



What's an aseptic procedure?

- Think of an aseptic procedure as when you provide the closest direct care: brushing teeth, giving medications, administering eye drops, wound care, supporting feeding (by mouth or by g-tube)

Remember: Using gloves is not a replacement for cleaning your hands. Discard gloves after each person/procedure and perform hand hygiene.