







APP RESOURCE *List*









Apps for Daily Living



App Name	Description	Cost*
Reminder with Voice Reminders 	<ul style="list-style-type: none"> Reminders for recurring (hourly, daily, weekly, etc.) and one-time events Available On: iOS 	FREE* \$1.99 – Full Version (unlimited reminders)
Choice Board Creator 	<ul style="list-style-type: none"> Create customized choice boards with up to 6 choices Available On: iOS 	FREE* \$2.99 - Premium Version
Choiceworks 	<ul style="list-style-type: none"> Create your own checklists for completing daily routines Available On: iOS 	\$34.99
Choiceworks Calendar 	<ul style="list-style-type: none"> Picture based calendar with audio descriptions linked to images for scheduled events with countdown option Available On: iOS 	\$17.99
First Then Visual Schedule 	<ul style="list-style-type: none"> Enables you to create the following: First Then boards, visual schedules, a checklist with a built-in timer option, social stories, and choice boards Available On: iOS 	\$19.99
Pictello Visual Stories 	<ul style="list-style-type: none"> Create slideshows of step by step instructions with audio commentary (either text to speech or record your own audio) Available On: iOS 	\$24.99

App Name	Description	Cost*
MagnusCards 	<ul style="list-style-type: none"> Provides step-by-step how-to's designed to support activities of daily living, including money management, personal care, cooking, and travel Available On: iOS and Android 	FREE
Brili Routines – Habit Tracker 	<ul style="list-style-type: none"> Visual planner and timekeeper that helps manage and gamify your tasks Available On: iOS and Android 	FREE*
IFTTT (IF This, Then That) 	<ul style="list-style-type: none"> Create automations that save time. Allows other apps to work together and do specific things they previously couldn't do using a trigger and an action. Available On: iOS and Android 	FREE
Remember The Milk: To-Do List 	<ul style="list-style-type: none"> To-do app for busy people Get reminded via email, text, IM, Twitter, and mobile notifications Share your lists and give tasks to others to get things done faster Available On: iOS, Android and as a desktop app 	FREE* \$68.99 for Pro Version
Medisafe Pill Reminder 	<ul style="list-style-type: none"> Medication reminders with the ability to send alerts to a caregiver to notify them if a missed dose has occurred Available on: iOS and Android 	FREE*
iDress for Weather 	<ul style="list-style-type: none"> Make connections between weather conditions and appropriate clothing Available On: iOS 	\$2.99
Weatherproof 	<ul style="list-style-type: none"> Learn what the current weather is, and be made aware what the optimal outdoor clothing is for the next few hours Available On: Android 	FREE





App Name	Description	Cost*
Recycle Coach 	<ul style="list-style-type: none"> Using an address, this app will send reminders for garbage day, recycle and yard waste. Available On: iOS and Android 	FREE (Only in participating communities)
Tetra Alarm 	<ul style="list-style-type: none"> Easily set and customize alarms with the ability to repeat them and customize sound with music, recorded audio or add vibration or flash Available On: Android 	FREE
Marcel: Your Art Portfolio 	<ul style="list-style-type: none"> Create a digital artworks portfolio on your smart device Could be used to aid in organizing any collection of items, not just art Available on: iOS 	FREE
Seeing AI 	<ul style="list-style-type: none"> Designed for the blind and low vision – this app narrates the world around you Scan printed documents/labels and have them read aloud Available on: iOS 	FREE
Cash Reader: Bill Identifier 	<ul style="list-style-type: none"> Identifies banknote denomination and will read them aloud Identifies many different currencies Available On: iOS and Android 	FREE* Full Version for Lifetime \$39.99
Be My Eyes 	<ul style="list-style-type: none"> People that are visually impaired can request help from users around the world by using the camera on their smartphone Available on: iOS and Android 	FREE
Look Cook and Eat 	<ul style="list-style-type: none"> https://www.lookcookandeat.com/ A digital how-to cooking magazine designed for people with intellectual disabilities Not an app, but the website can be saved directly to the home screen of a device for easy access 	\$30 USD/Year



Apps for Communication

App Name	Description	Cost*
Visuals 2 Go 	<ul style="list-style-type: none"> Create personal picture cards with text-to-speech option in a variety of voices Also supports those who need hands-on visuals to print their visuals on a range of different templates Available On: iOS 	FREE* \$12.99 Full access + Pro Version
Voice4u 	<ul style="list-style-type: none"> A picture and voice-based communication system Available On: iOS and Android 	\$59.99
Proloquo2Go 	<ul style="list-style-type: none"> A symbol-based communication app Available On: iOS 	\$199.99
GoTalkNow 	<ul style="list-style-type: none"> A picture and symbol-based communication app Available on: iOS 	\$129.99
Ava 	<ul style="list-style-type: none"> Provides 24/7 real-time captioning on your smartphone Available on: iOS and Android 	FREE
SRV Canada VRS 	<ul style="list-style-type: none"> Allows persons with hearing or speech disabilities who use American Sign Language to use video equipment to communicate with voice telephone users. Before use, you must register to receive a log-in account/password: http://www.srvcanadavrs.ca 	FREE





App Name	Description	Cost*
Hand Talk 	<ul style="list-style-type: none"> Automatically translates text and audio to American Sign Language (ASL) and Brazilian Sign Language (Libras) through artificial Intelligence. Available on: iOS and Android 	FREE
Voice Notebook 	<ul style="list-style-type: none"> Speech to text application for dictating notes by voice. Available on: iOS and Android 	FREE* \$4.99 Premium

Apps for Video-Calling






App Name	Description	Cost*
FaceTime 	<ul style="list-style-type: none"> Make both video and audio calls with up to 32 people at once Reach contacts using their phone number or Apple ID Available On: iOS 	FREE
Google Meet 	<ul style="list-style-type: none"> Take photos and make video or audio calls Group video calls available with up to 32 people Available On: iOS and Android	FREE
WhatsApp 	<ul style="list-style-type: none"> Message friends or make audio or video calls to friends Connects seamlessly to your phone number and all contacts in your device Available On: iOS and Android 	FREE
Messenger 	<ul style="list-style-type: none"> Log in with your Facebook account and send messages, pictures, recorded voice messages or have video calls with friends Available On: iOS and Android 	FREE

Microsoft Teams 	<ul style="list-style-type: none"> ▪ Requires a Microsoft account ▪ Available On: iOS, Android and PC 	FREE* Some features only available with a paid consumer license
Skype 	<ul style="list-style-type: none"> ▪ Make both video and audio calls with up to 24 people at once ▪ Available on phones, tablets, PCs and Macs ▪ Available On: iOS and Android 	FREE




Apps for Navigation

App Name	Description	Cost*
Google Maps 	<ul style="list-style-type: none"> ▪ A screen reader, keyboard shortcuts, and other accessibility features can be used to make your Google Maps experience more accessible ▪ Maps can be downloaded for use while offline ▪ Available On: iOS and Android 	FREE
Transit 	<ul style="list-style-type: none"> ▪ Real-time travel companion to navigate your city's public transit system with accurate real-time predictions, simple trip planning, step-by-step navigation, service disruption notifications, and departure and stop reminders ▪ Available On: iOS and Android 	FREE
BlindSquare 	<ul style="list-style-type: none"> ▪ Detailed voice-directing navigation app that can save previous locations for ease of use; identifies points of interest nearby and has search options ▪ Available On: iOS 	\$49.99
AccessNow 	<ul style="list-style-type: none"> ▪ Search for accessibility information about places around the world - specific places like a restaurant, hotel or store, or browse the map to see what is nearby with the accessibility features you require ▪ If info isn't already on the map, you can add it ▪ Available On: iOS and Android 	FREE







Apps for Budgeting/Enhancing Money Skills

App Name	Description	Cost*
Peter Pig's Money Counter 	<ul style="list-style-type: none"> ▪ Learn & test coin counting skills playing fun games ▪ Earn virtual money to save or spend on accessories and scenes for Peter Pig by correctly answering questions ▪ Learn fun facts about money and tips for saving ▪ Available On: iOS (CDN \$), and Android (USD \$) 	FREE
MoneyControl Spending Tracker 	<ul style="list-style-type: none"> ▪ Budget and track expenses and income ▪ Also helps to reduce forgetfulness through the reminder system ▪ Available On: iOS and Android 	FREE*
Flipp 	<ul style="list-style-type: none"> ▪ Access weekly flyers to find deals/coupons and to price match in-store ▪ Search specific items and create shopping lists ▪ Available On: iOS and Android 	FREE
Reebee 	<ul style="list-style-type: none"> ▪ Add items to your shopping list directly from weekly flyers; price match in-store ▪ Available On: iOS and Android 	FREE
OurGroceries 	<ul style="list-style-type: none"> ▪ Share and contribute to your family's grocery list; syncs all changes to the list on every member's phone ▪ Available On: iOS and Android 	FREE* \$6.99 - Premium Version

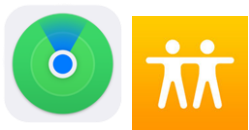


Apps for Mindfulness

App Name	Description	Cost*
Aura 	<ul style="list-style-type: none"> ▪ Aura: Mindfulness meets AI ▪ The simplest solution to reducing stress and increasing positivity through 3-minute meditations, personalized by AI ▪ Available On: iOS and Android 	FREE*
Breethe: Sleep & Meditation 	<ul style="list-style-type: none"> ▪ De-stress, sleep better, get happier and be healthier with guided meditations, soothing music, and nature sounds ▪ Available On: iOS and Android 	FREE* \$89.99/year Premium Membership
Calm: Sleep & Meditation 	<ul style="list-style-type: none"> ▪ Use this sleep, meditation, and relaxation app to lower stress, decrease anxiety, and experience better sleep ▪ Available On: iOS and Android 	FREE* \$89.99/year Premium Membership
Happify: for Stress & Worry 	<ul style="list-style-type: none"> ▪ Science-based activities and games that can help overcome negative thoughts, stress, and life's challenges ▪ Available On: iOS and Android 	FREE* \$139.99/year Happify Plus
Headspace: Sleep & Meditation 	<ul style="list-style-type: none"> ▪ A simple way to let go of stress and help get a better night's rest, learn to relax with guided meditations and mindfulness techniques that bring calm, wellness, and balance to your life ▪ Available On: iOS and Android 	FREE*
MindShift CBT - Anxiety Relief 	<ul style="list-style-type: none"> ▪ Uses scientifically proven strategies based on cognitive behavioural therapy (CBT) ▪ Deal with anxiety by learning to relax and be mindful developing effective ways of coping ▪ Available On: iOS and Android 	FREE
Smiling Mind 	<ul style="list-style-type: none"> ▪ A meditation app developed by psychologists and educators to help bring balance to people's lives. ▪ Available On: iOS and Android 	FREE

Apps for Creating Music/Music Therapy

App Name	Description	Cost*
Piano With Songs 	<ul style="list-style-type: none"> Learn to play the piano - choose from your favourite songs and begin playing them on the piano whether you are a beginner or a pro Available On: iOS 	FREE*
Guitar With Songs 	<ul style="list-style-type: none"> Learn to play the guitar on your smart device – choose from your favourite songs and learn how to play with all of the amazing features of this app Available On: iOS 	FREE*
Guitar – Chords, Tabs & Games 	<ul style="list-style-type: none"> Playing the guitar has never been easier – enjoy learning chords and creating music right on your device Available On: iOS 	FREE* \$49.99 - Premium
Real Drum: electronic drum set 	<ul style="list-style-type: none"> Simulates real drums on your phone/tablet screen with fun customizations available to the sounds and looks of the drums Available On: iOS and Android 	FREE* \$4.99 Premium
Beatwave 	<ul style="list-style-type: none"> Beatwave allows you to create songs anywhere, anytime on your device simply by tapping Available On: iOS 	FREE*
Bongos – Dynamic Bongo Drums 	<ul style="list-style-type: none"> Play the bongos and other percussion instruments on your device and you can also play along with other music playing on your device Available On: iOS 	FREE \$2.99 – Ad-free

Apps for Locating Devices

App Name	Description	Cost*
Find My 	<ul style="list-style-type: none"> The Find My app combines Find My iPhone and Find My Friends into a single app on iOS 13 or later Location sharing app that allows the user to keep track friends and family, and vice versa Available On: iOS 	FREE
FollowMee 	<ul style="list-style-type: none"> Location sharing software to track a device that someone keeps on their person Available On: iOS and Android 	FREE
Life360 	<ul style="list-style-type: none"> Location-sharing app helps to locate family and friends on a private map Available On: iOS and Android 	FREE*

***Please note: Free Versions may include limited features of the application, and may also denote a trial version. Some FREE versions may include advertisements, with the option to upgrade to remove these ads. Some applications may also require subscriptions.**

Resources to find apps other than the app store on a device:



<https://bridgingapps.org>



<https://toolbox.thearc.org>

Habilhome Technology Directory

<https://habilhome.com/en>



<https://www.enablingtech.ca/>

