

# **Apps for Daily Living**

App Name	Description	Cost*
Reminder with Voice Reminders	<ul> <li>Reminders for recurring (hourly, daily, weekly, etc.) and one-time events.</li> <li>Available On: iOS</li> </ul>	FREE* \$2.99 - Premium Version
ChoiceBoard Creator	<ul> <li>Create customized choice boards with up to 6 choices.</li> <li>Available On: iOS</li> </ul>	Lite - FREE* Allows you to sample full version Regular Version - \$2.99
Choiceworks	<ul> <li>Create your own checklists for completing daily routines.</li> <li>Available On: iOS</li> </ul>	\$24.99 *Bundle Option: 34.99 (Choiceworks & Calendar)
Choiceworks Calendar	<ul> <li>Picture based calendar with audio descriptions linked to images for scheduled events with countdown option.</li> <li>iPad application only</li> <li>Available On: iOS</li> </ul>	\$12.99 *Bundle Option: 34.99 (Choiceworks & Calendar)
First Then Visual Schedule HD	<ul> <li>Enables you to create the following: First Then boards, visual schedules, checklist with built-in timer option, social stories and choice boards.</li> <li>Available On: iOS</li> </ul>	\$19.99
Pictello	<ul> <li>Create slideshows of step by step instructions with audio commentary (either text to speech or record your own audio).</li> <li>Available On: iOS</li> </ul>	\$24.99
Magnus Cards	<ul> <li>An educational app focused on learning a variety of skills (chores, social interactions, entertainment sites).</li> <li>Available On: iOS and Android</li> </ul>	FREE

App Name	Description	Cost*
Brili Routines – Visual Timer	<ul> <li>Set up routines (with audio and visual prompts) and watch as the user completes tasks in real-time earning rewards.</li> <li>Available On: iOS and Android</li> </ul>	1 month FREE* \$10.49/month \$44.99/6 months \$55.99/year
IFTTT (If This, Then That)	<ul> <li>Allows apps to work together and do specific things they previously couldn't do using a trigger and an action; when something changes in one service, it will trigger an action on another service or device.</li> <li>Available On: iOS and Android</li> </ul>	FREE \$4.99/month \$51.99/year
iDo Hygiene	<ul> <li>Videos and slideshows teaching personal hygiene.</li> <li>Customizable if the user chooses.</li> <li>iPad application only</li> <li>Available On: iOS</li> </ul>	FREE*
iDo Getting Dressed	<ul> <li>Videos and slideshows for getting dressed.</li> <li>iPad application only</li> <li>Available On: iOS</li> </ul>	FREE*
iDo Community	<ul> <li>Videos and slideshows demonstrating what happens in certain public settings and how to act.</li> <li>iPad application only</li> <li>Available On: iOS</li> </ul>	FREE*
iDo Chores	<ul> <li>Videos and slideshows for household chores.</li> <li>iPad application only</li> <li>Available On: iOS</li> </ul>	FREE*
iDo Food	<ul> <li>Videos and slideshows for basic food preparation and dining etiquette.</li> <li>iPad application only</li> <li>Available On: iOS</li> </ul>	FREE*
iDress for Weather	<ul> <li>Make connections between weather conditions and appropriate clothing.</li> <li>Available On: iOS</li> </ul>	\$2.99
Weatherproof	<ul> <li>Learn what the current weather is, and be made aware what the optimal outdoor clothing is for the next few hours.</li> <li>Available On: Android</li> </ul>	FREE

Model Me Going Places 2	<ul> <li>Visual teaching tool for helping your child to learn to navigate challenging locations in the community. Each location contains a photo slideshow of children modeling appropriate behaviour.</li> <li>Available On: iOS</li> </ul>	FREE
Recycle Coach	<ul> <li>Using an address, this app will send reminders for garbage day, recycle and yard waste.</li> <li>Available On: iOS and Android</li> </ul>	FREE (Only in participating communities)
Tetra Alarm	<ul> <li>Easily set and customize alarms with the ability to repeat them and customize sound with music, recorded audio or add vibration or flash.</li> <li>Available On: Android</li> </ul>	FREE
Medisafe Pill Reminder	<ul> <li>Medication reminders with the ability to send alerts to a caregiver to notify them if a missed dose has occurred.</li> <li>Available on: iOS and Android</li> </ul>	FREE Premium \$6.99/month \$54.99/year
Seeing Al	<ul> <li>Designed for the blind and low vision – this app narrates the world around you.</li> <li>Scan printed documents/labels and have them read aloud.</li> <li>Available on: iOS</li> </ul>	FREE
Be My Eyes	<ul> <li>People that are visually impared can request help from users around the world by using the camera on their smartphone.</li> <li>Available on: iOS and Android</li> </ul>	FREE
Look Cook and Eat	<ul> <li>A digital how-to cooking magazine designed for people with intellectual disabilities.</li> <li>Not an app, but the website can be saved directly to the home screen of a device for easy access.</li> </ul>	\$30 USD/Year
CanPlan	<ul> <li>CanPlan promotes independence and builds confidence by helping people with cognitive challenges complete tasks successfully.</li> <li>Activities can be broken into a sequence of easy-to-follow steps, illustrated by photos and reinforced with optional text and audio.</li> <li>iPad application only</li> <li>Available on: iOS</li> </ul>	FREE

WheelMate	<ul> <li>WheelMate gives you an instant overview of your nearest wheelchair-friendly toilets and parking spaces on an interactive map.</li> <li>Available on: iOS and Android</li> </ul>	FREE
AccessNow	<ul> <li>AccessNow is a sharing accessibility information app about places around the world.</li> <li>Search for places to see if they are accessible.</li> <li>Available on: iOS and Android</li> </ul>	FREE

## **Apps for Communication**

App Name	Description	Cost*
Visuals 2 Go V2 Go	<ul> <li>Create personal picture cards with text-to-speech option in a variety of voices.</li> <li>Available On: iOS</li> </ul>	FREE Full Access \$9.99/month \$59.99/year
Proloquo2Go	<ul> <li>A symbol-based communication app.</li> <li>Available On: iOS</li> </ul>	\$349.99
GoTalkNow	<ul> <li>A picture and symbol-based communication app.</li> <li>iPad only</li> <li>Available on: iOS</li> </ul>	\$99.99
Ava 8	<ul> <li>Provides 24/7 real-time captioning on your smartphone</li> <li>Available on: iOS and Android</li> </ul>	FREE Community Plan \$14.99/month \$119.99/year
SRV Canada VRS	<ul> <li>Video Relay Service (VRS) allows persons with hearing or speech disabilities who use American Sign Language to use video equipment to communicate with voice telephone users.</li> <li>Available on: iOS and Android</li> </ul>	FREE

Hand Talk	<ul> <li>The Hand Talk app is a pocket translator that automatically translates oral language both in text and audio to sign languages, such as English to ASL or Portuguese to Libras (Brazilian Sign Language).</li> <li>Available on: iOS and Android</li> <li>Voice Notebook – continuous speech to text for PC and Mobile. Speech to text application for dictating notes by voice.</li> <li>Available on: iOS and Android</li> </ul>	FREE* One-time \$12.99 fee To remove ads FREE Premium \$4.99
Snap&Read	<ul> <li>Text reader (TTS) that simplifies vocabulary, translates text, reads inaccessible text (OCR).</li> <li>Translates text into over 100 languages.</li> <li>Available on: iOS and Android</li> </ul>	\$3.99/month
Ginger Writer	<ul> <li>AI-powered writing assistant.</li> <li>Corrects all types of mistakes, from grammar and spelling to punctuation and syntax.</li> <li>Available on: iOS and Android</li> </ul>	FREE Premium Version \$3.99/month
Sennheiser MobileConnect	<ul> <li>The receiver for listening to MobileConnect audio streams and a personal talk-back microphone provide discreet audio accessibility.</li> <li>Assistive and personal listening over an existing WiFi network.</li> <li>Available on: iOS and Android</li> </ul>	FREE
RightHear – Blind Assistant	<ul> <li>A virtual accessibility assistant that helps users to easily orient themselves in new or casual environments.</li> <li>Available on: iOS and Android</li> </ul>	FREE
AppleVis AppleVis	<ul> <li>Apple site that has many accessible APPS.</li> <li>Online resource for blind and low vision users of Apple products such as the Mac, iPhone, iPad, Apple Watch, and Apple TV.</li> <li>Available on: iOS</li> </ul>	FREE*
Grammarly	<ul> <li>From grammar and spelling to style and tone, Grammarly's suggestions are comprehensive, helping you communicate effectively and as you intend.</li> <li>Available on: iOS and Android</li> </ul>	FREE Premium \$15.41/month

Telegram Messenger	<ul> <li>Telegram is a messaging app with a focus on speed and security, it's super-fast, simple and free.</li> <li>You can use Telegram on all your devices at the same time.</li> <li>Available on: iOS and Android</li> </ul>	FREE Premium \$6.49/month
PhraseChat	<ul> <li>PhraseChat is a keyboard for iOS devices that allows end-users the ability to quickly generate text messages based on pre-loaded phrases.</li> <li>Available on: iOS</li> </ul>	FREE
Voiceitt	<ul> <li>People with non-standard speech can train Voiceitt to understand their unique speech and use it to communicate with others or use voice commands to control smart devices.</li> <li>Available on: iOS</li> </ul>	FREE
Sorenson BuzzCards	<ul> <li>BuzzCards is an app designed to help deaf people communicate easily with people who don't know sign language.</li> <li>Available on: iOS and Android</li> </ul>	FREE

# **Apps for Relaxation**

App Name	Description	Cost*
Smiling Mind	<ul> <li>A meditation app developed by psychologists and educators to help bring balance to people's lives.</li> <li>Available On: iOS and Android</li> </ul>	FREE
MindShift	<ul> <li>Helps people deal with anxiety by learning to relax and be mindful, and to develop effective ways of thinking to take control of anxiety.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Sensory Live! Apps List	<ul> <li>Sensory Live! Apps List is a website that provides a large list of sensory applications for download. Many relaxation applications are free. Simply enter Sensory Live! Apps List into your web browser to view the list of applications.</li> </ul>	FREE

Miracle Modus	<ul> <li>The Miracle Modus is a source of hypnotic rainbows and soft bells.</li> <li>Available On: iOS and Android</li> </ul>	FREE
UCLA Mindful	<ul> <li>With this easy to use app, you can practice mindfulness meditation anywhere, anytime.</li> <li>This app includes meditations in multiple languages.</li> <li>Available On: iOS and Android</li> </ul>	FREE

# **Apps for Health**

App Name	Description	Cost*
Simply Yoga	<ul> <li>Simply Yoga FREE is your own personal yoga instructor. The app contains six level 1 yoga routines that step you through each pose, as well as streaming yoga classes.</li> <li>Available On: iOS and Android</li> </ul>	FREE Premium \$29.99
Pedometer – Step Counter	<ul> <li>This completely free pedometer for walking will track your steps automatically. Daily step counter is the best walking app for all ages!</li> <li>Available On: iOS and Android</li> </ul>	FREE

#### **Apps for Navigation**

App Name	Description	Cost*
Google Maps	<ul> <li>A screen reader, keyboard shortcuts, and other accessibility features can be used to make your Google Maps experience more accessible.</li> <li>Maps can be downloaded for use while offline.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Transit	<ul> <li>Real-time travel companion to navigate your city's public transit system with accurate real-time predictions, simple trip planning, step-by-step navigation, service disruption notifications, and departure and stop reminders.</li> <li>Available On: iOS and Android</li> </ul>	FREE Transit Royale \$4.99/month \$24.99/year

BlindSquare       • Detailed voice-directing navigation app that can save previous locations for ease of use; identifies points of interest nearby and has search options.         • • • • • • • • • • • • • • • • • • •
--

## **Apps for Locating Devices**

App Name	Description	Cost*
Find My	<ul> <li>The Find My app combines Find My iPhone and Find My Friends into a single app on iOS 13 or later.</li> <li>Location sharing app that allows the user to keep track friends and family, and vice versa.</li> <li>Available On: iOS</li> </ul>	FREE
FollowMee	<ul> <li>Location sharing software to track a device that someone keeps on their person.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Life360	<ul> <li>Location-sharing app helps to locate family and friends on a private map.</li> <li>Available On: iOS and Android</li> </ul>	FREE*

## **Apps for Enhancing Money Skills**

App Name	Description	Cost*
Mint	<ul> <li>All-in-one spending tracker and money management; track spending and compare to planned budget.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Peter Pig's	<ul> <li>Learn &amp; test coin counting skills playing fun games.</li> </ul>	
Money Counter	<ul> <li>Earn virtual money to save or spend on accessories and scenes for Peter Pig by correctly answering questions.</li> <li>Learn fun facts about money and tips for saving.</li> <li>Available On: iOS (CDN \$), and Android (USD \$)</li> </ul>	FREE

Cash Reader: Bill Identifier	<ul> <li>Identifies banknote denomination and will read them aloud.</li> </ul>	FREE Full Version
	<ul> <li>Identifies many different currencies.</li> <li>Available On: iOS and Android</li> </ul>	\$2.49/month \$14.99/year \$29.99/lifetime
Flipp	<ul> <li>Access weekly flyers to find deals/coupons and to price match in-store.</li> <li>Search specific items and create shopping lists.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Reebee	<ul> <li>Add items to your shopping list directly from weekly flyers; price match in-store.</li> <li>Available On: iOS and Android</li> </ul>	FREE
iXpenselt	<ul> <li>iXpenselt simplifies daily expense tracking and monthly budgeting.</li> <li>Store photo receipts.</li> <li>Available On: iOS</li> </ul>	FREE Premium \$6.99

# **Apps for Music**

App Name	Description	Cost*
CanTunes	<ul> <li>Provides an extremely simplified way for people with a range of cognitive disabilities to select and play music that is downloaded onto an iPad.</li> <li>Available On: iOS – iPad only</li> </ul>	FREE
Real Drum – Drum Pad	<ul> <li>Simulates real drums on your phone/tablet screen with fun customizations available to the sounds and looks of the drums.</li> <li>Available On: iOS and Android</li> </ul>	FREE \$2.99 - Premium
Bongos – Dynamic Bongo Drums	<ul> <li>Play the bongos and other percussion instruments on your device and you can also play along with other music playing on your device.</li> <li>Available On: iOS</li> </ul>	FREE \$2.99 - Premium

Polyphonic	<ul> <li>Create, record and share music in a very fun and</li> </ul>	
	easy way by tapping the different sounds on the	
	screen.	FREE*
	<ul> <li>Available On: iOS</li> </ul>	

## **Apps for Video-Calling**

App Name	Description	Cost*
Skype	<ul> <li>Make both video and audio calls with up to 24 people at once.</li> <li>Available on phones, tablets, PCs and Macs.</li> <li>Available On: iOS and Android</li> </ul>	FREE*
FaceTime	<ul> <li>Make both video and audio calls with up to 32 people at once.</li> <li>Reach contacts using their phone number or Apple ID.</li> <li>Available On: iOS</li> </ul>	FREE
WhatsApp	<ul> <li>Message friends or make audio or video calls to friends.</li> <li>Connects seamlessly to your phone number and all contacts in your device.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Messenger	<ul> <li>Log in with your Facebook account and send messages, pictures, recorded voice messages or have video calls with friends.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Google Chats	<ul> <li>Message friends or make video or audio calls.</li> <li>Group chats available for up to 150 people.</li> <li>Group video calls available with up to 10 people.</li> <li>Available On: iOS and Android</li> </ul>	FREE
Google Duo	<ul> <li>Make audio calls, video calls or leave a short video message.</li> <li>Connects seamlessly to your phone number and all contacts in your device.</li> <li>Available On: iOS and Android</li> </ul>	FREE

\*Please note: Free Versions may include limited features of the application, and may also denote a trial version. Some FREE versions may include advertisements, with the option to upgrade to remove these ads. Some applications may also require subscriptions.

Resources to find apps other than the app store on a device:



Bridging the gap between technology and people with disabilities

https://bridgingapps.org



https://toolbox.thearc.org



Inspiring Possibilities