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NOVEMBER

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Months

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Weeks

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DECEMBER

39

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January

January (Months)

- Alzheimer Awareness Month; National; [Alzheimer Society](#)
- Crime Stoppers Month; Ontario; [Crime Stoppers](#)
- [Tamil Heritage Month](#)

January (Weeks)

- Third Week: National Non-Smoking Week; National; [National Non-Smoking Week](#)

January (Days)

- January 4: World Braille Day; International; [World Blind Union](#)
- January 4: [National Ribbon Skirt Day](#)
- January 15: Intestinal Malrotation and Volvulus Awareness Day; International; [Intestinal Malrotation Foundation](#)
- January 24: International Day of Education; International; [United Nations](#)
- January 26: World Leprosy Day; International; [Effect Hope](#)
- January 27: Family Literacy Day; National: [ABC Life Literacy Canada](#)
- January 27: International Day of Commemoration in Memory of the Victims of the Holocaust; [UNESCO](#)
- January 29: National Day of Remembrance of the Québec City Mosque Attack and Action against Islamophobia; [Government of Canada](#)



February

February (Months)

- Black History Month; National; [Statistics Canada](#)
- Heart & Stroke Month; National; [Heart and Stroke Foundation](#)
- I Love to Read Month; Manitoba; [Manitoba Reading Association](#)
- Junior Achievement Month; National; [Junior Achievement Canada](#)
- Preventative Health Awareness Month; National; [Wallis for Wellness](#)
- Psychology Month; National; [Canadian Psychological Association](#)
- Saskatchewan Aboriginal Storytelling Month; Provincial; [Library Services for Saskatchewan Aboriginal Peoples](#)

February (Weeks)

- First Week: National Therapeutic Recreation Week; National; [Canadian Therapeutic Recreation Association](#)
- First Week: White Cane Week; National; [Canadian Council of the Blind](#)
- First Week: Eating Disorder Awareness Week; National; [National Eating Disorder Information Centre](#)
- February 7 - 14: Congenital Heart Defect Awareness Week; National; [Children's Heart Society](#)
- Third Week: Nonprofit Appreciation Week; [ONN](#)
- Third Week: Scout-Guide Week; National; [Scouts Canada and Girl Guides of Canada](#)
- Third Week: Heritage Week; National; [National Trust and Ontario Heritage Trust](#)
- Last Week: Freedom to Read Week; National; [Freedom to Read Week](#)

February

February (Days)

- February 2: World Wetlands Day
- February 4: World Cancer Day; International; World Cancer Day
- February 11: Safer Internet Day; International; Safer Internet Day
- February 11: 211 Day; National; 211 Day
- February 11: International Day of Women and Girls in Science; International; United Nations
- February 11: Canada’s Agriculture Day; National; Canadian Federation of Agriculture
- February 13: Wear Red Day for Women’s Heart Health; National; Canadian Women’s Heart Health Centre
- February 15: International Childhood Cancer Day; International; International Childhood Cancer Day
- February 15: National Flag of Canada Day; National; Heritage Canada
- February 17: Random Act of Kindness Day; International; Random Acts of Kindness
- Third Monday: Heritage Day; National (except some provinces); National Trust
- February 20: World Day of Social Justice; International; United Nations



February

February (Days)

- February 22: Human Trafficking Awareness Day; National; [Ontario Government](#)
- February 22: Thinking Day; National; [Scouts Canada and Girl Guides of Canada](#)
- Last Wednesday: Pink Shirt Day (Anti-bullying); National; [Pink Shirt Day](#)
- Last Day: International Rare Disease Day; International; [Rare Disease](#)



March

March (Months)

- Brain Health Awareness Month; National: [Brainlove.ca](#)
- Easter Seals Month; [Easter Seals Canada](#)
- Endometriosis Awareness Month; [The Endometriosis Network Canada](#)
- Epilepsy Awareness Month; National; [Canadian Epilepsy Alliance](#)
- Fraud Prevention Month; International; [Competition Bureau Canada](#)
- Juvenile Arthritis Awareness Month; National; [Arthritis Society Canada](#)
- Kidney Month; National; [Kidney Foundation of Canada](#)
- Liver Health Month; National; [Canadian Liver Foundation](#)
- Music Therapy Awareness Month; [Canadian Association of Music Therapists](#)

March

March (Months)

- National Colorectal Cancer Awareness Month; National; Colorectal Cancer Canada
- National Nutrition Month; National; Dietitians of Canada
- National Social Work Month; National; Canadian Association of Social Workers
- Pharmacy Appreciation Month; National; Canadian Society of Healthcare-Systems Pharmacy
- Red Cross Month; National; Canadian Red Cross
- Youth Science Festival Month; National; Youth Science Canada

March (Weeks)

- First Week: Social Work Week Ontario; Ontario; Ontario Association of Social Workers
- First Week: World Orphan Week; International; SOS Children's Villages Canada
- Second Week: World Glaucoma Awareness Week; International; World Glaucoma Week
- Second Week: International Grant Professionals Week; International; Grant Professionals Association
- Third Week: National Impaired Driving Prevention Week; National; MADD Canada
- Third Week: Canadian Agricultural Safety Week; National; Canadian Agricultural Safety Association
- Third Week: National Francophonie Week; National; Association canadienne d'éducation de la langue française (ACELF)

March

March (Weeks)

- Third Week: Neurodiversity Celebration Week; [Neurodiversity Celebration Week](#)

March (Days)

- March 1: [Self-Injury Awareness Day](#); International
- March 3: World Wildlife Day; International; [United Nations](#)
- March 3: World Hearing Day; National; [Canadian Hard of Hearing Association](#)
- March 5: International Cyclic Vomiting Syndrome (CVS) Awareness Day; International; [Cyclic Vomiting Syndrome Association](#)
- March 8: International Women's Day and United Nations Day for Women's Rights and International Peace; International; [Women and Gender Equality Canada](#)
- Second Thursday: World Kidney Day; International; [World Kidney Day](#)
- March 14: Grant Professionals Day; International; [Grant Professionals Association](#)
- March 15: World Consumer Rights Day; International; [Consumers International](#)
- March 20: International Day of Happiness; International; [United Nations](#)
- March 20: International Francophonie Day; International; [Foreign Affairs and International Trade Canada](#)
- 3rd Tuesday: World Social Work Day; International; [Canadian Association of Social Workers](#)

March

March (Days)

- March 21: International Day for the Elimination of Racial Discrimination; International; United Nations
- March 21: World Down Syndrome Day; International; World Down Syndrome Day
- March 22: World Water Day; International; United Nations
- March 22: Earth Hour
- March 24: World Tuberculosis Day; International; Stop TB Partnership
- March 26: Purple Day (Epilepsy); International; Purple Day International
- March 27: World Theatre Day; International; World Theatre Day
- End of March: National 30-hour Famine; National; World Vision Canada
- March 31: Trans Day of Visibility; International; Trans Day of Visibility



April

April (Months)

- Daffodil Month; National; Canadian Cancer Society
- National Oral Health Month; National; Canadian Dental Association
- Irritable Bowel Syndrome (IBS) Awareness Month; National; Canadian Society of Intestinal Research
- HIE Awareness Month; National: Hope for HIE
- Parkinson Awareness Month; National; Parkinson Canada
- Poetry Month; National; League of Canadian Poets
- Records Management Month; National; Association of Records Management Professionals (ARMA)
- Rosacea Awareness Month; National; Acne and Rosacea Society of Canada
- World Autism Month; International



April

April (Weeks)

- Second Week: National Wildlife Week; National; Canadian Wildlife Federation
- Second Week: National Tourism Week; National; Tourism Industry Association of Canada
- April 4-10: National Dental Hygienists Week; National; Canadian Dental Hygienists Association
- April 6-12: National Soil Conservation Week; National; Soil Conservation Council of Canada
- April 10-16: World Homeopathy Awareness Week; International; World Homeopathy Awareness Week
- Third Week: National Medical Laboratory Week; National; Canadian Society for Medical Laboratory Science (CSMLS)
- Third Week: Oral, Head and Neck Cancer Awareness Week; International; Head and Neck Cancer Alliance
- Last Full Week: Canadian Fertility Awareness Week; Fertility Matters
- Fourth Week: Arts and Culture Week; British Columbia; British Columbia Arts Council
- Last Full Week: National Organ and Tissue Donor Awareness Week; National; Canadian Blood Services
- Last Full Week: Canadian Infertility Awareness Week; National; Canadian Fertility & Andrology Society
- Last Week: National Volunteer Week; National; Volunteer Canada



April

April (Days)

- April 2: World Autism Day; International; [Autism Speaks](#)
- April 7: Green Shirt Day; National; [Canadian Transplant Association](#)
- April 7: World Health Day; International; [Government of Canada](#)
- April 16: Advance Care Planning Day: National: [Canadian Hospice Palliative Care Association](#)
- April 17: National Law Day; National; [Canadian Bar Association](#)
- April 17: International Hemophilia Day; International; [Canadian Hemophilia Society](#)
- April 22: Earth Day; International; [Earth Day Canada](#)
- April 23: Administrative Professionals Day; International; [International Association of Administrative Professionals](#)
- April 25-27: Global Youth Service Days; International; [Youth Service America](#)
- April 28: National Day of Mourning; National; [PPWC](#)
- April 29: International Dance Day; International; [Canadian Dance Assembly](#)



May

May (Months)

- Asian Heritage Month; National; Citizenship and Immigration Canada
- National Asthma Awareness Month; National; Asthma Canada
- Brain Tumour Awareness Month; National; Brain Tumour Foundation of Canada
- Bladder Cancer Awareness Month; National; Bladder Cancer Canada
- Car Care Month; National; Car Care Canada
- Celiac Awareness Month; National; Celiac Canada
- Community Living Month; Ontario; Community Living Ontario



May

May (Months)

- Cystic Fibrosis Awareness Month; National; [Cystic Fibrosis Canada](#)
- Canadian Jewish Heritage Month; [Government of Canada](#)
- GBS/CIDP/MMN Awareness Month; [GBS/CIDP Foundation of Canada](#)
- International Doula Month; International; [DONA International](#)
- Hemochromatosis Awareness Month; National; [Canadian Hemochromatosis Society](#)
- Huntington Disease Awareness Month; National; [Huntington Society of Canada](#)
- Lupus Awareness Month; National; [Lupus Canada](#)
- MedicAlert Month; National; [Canadian MedicAlert Foundation](#)
- Motorcycle Awareness Month; National; [Association for Injured Motorcyclists](#)
- MS Awareness Month; National; [MS Canada](#)
- Museum Month; Ontario; [Ontario Museum Association](#)
- National Physiotherapy Month; National; [Canadian Physiotherapy Association](#)
- Neurofibromatosis Awareness Month; National; [Tumour Foundation of BC](#)
- Preeclampsia Awareness Month; National; [Preeclampsia Foundation Canada](#)
- Sexual Abuse/Assault Prevention Month; Ontario; [Government of Ontario](#)
- Speech and Hearing Awareness Month; North America; [Speech-Language & Audiology Canada \(SAC\)](#)
- Vision Health Month; National; [CNIB](#)

May

May (Weeks)

- First Week: Be Kind to Animals Week; International; Humane Canada
- First Week: Screen-Free Week; International; Campaign for a Commercial Free Childhood
- First Week: Drinking Water Week; British Columbia; BC Water & Waste Association
- First Full Week: Education Week; Ontario; Ministry of Education
- First Full Week: Emergency Preparedness Week; National; Emergency Preparedness Canada
- First Full Week: Hospice Palliative Care Week; National; Canadian Hospice Palliative Care Association
- First Week: Hunger Awareness Week; National; Food Banks Canada
- First Week: National Composting Awareness Week; National; Composting Council of Canada
- First Week: North American Occupational Health and Safety Week; North America; Canadian Centre for Occupational Health & Safety
- Week prior to Mother's Day: National Elizabeth Fry Week; Canadian Association of Elizabeth Fry Societies
- Second Week: Mental Health Awareness Week; National; Canadian Mental Health Association

May

May (Weeks)

- Second Week: Jury Duty Appreciation Week; The Canadian Juries Commission
- Second Week: National Nursing Week; National; Canadian Nurses Association
- Second Week: Safety and Health Week; National: Safety and Health Week
- TBA: Citizenship Week; National; Citizenship and Immigration Canada
- Second Week: National Police Week; National; RCMP
- Second Week: Naturopathic Medicine Week; National; Canadian Association of Naturopathic Doctors
- Second Week: National Victims and Survivors of Crime Week; National; Justice Canada
- Third Week: Paramedic Services Week; Paramedic Chiefs of Canada
- Third Week: National Road Safety Week; National; Canada Safety Council
- Third Week: National VON (Victorian Order of Nurses) Week; National; VON Canada
- Third Week: Safe Boating Week; National; Canadian Power and Sail Squadrons
- Fourth Week: National AccessAbility Week; National; Government of Canada
- Last Week: Nova Scotia Access Awareness Week; Provincial; Nova Scotia League for Equal Opportunities

May

May (Days)

- May 1: Doctor's Day; Ontario; [Ontario Medical Association](#)
- May 3: World Press Freedom Day; International; [UN](#)
- First Saturday of May (Unless May 1): World Axial Spondyloarthritis Day; International; [ASIF](#)
- May 5: International Day of the Midwife; International; [International Confederation of Midwives](#)
- May 5: Music Monday; [Coalition for Music Education](#)
- May 5: Red Dress Day for Murdered and Missing Indigenous Women and Girls (MMIWG); National; [Amnesty International Canada](#)
- May 5: World Pulmonary Hypertension Day; International; [Pulmonary Hypertension Association of Canada](#)
- Second Saturday: World Fair Trade Day; International; [Fair World Project](#)
- May 7: World Asthma Day; International; [Global Initiative for Asthma](#)
- May 7: National Child & Youth Mental Health Day; National; [FamilySmart](#)
- May 8: International Thalassaemia Day; International; [Thalassemia Foundation of Canada](#)
- May 8: World Ovarian Cancer Day; International; [Ovarian Cancer Canada](#)
- May 8: World Red Cross Day; National; [Canadian Red Cross Society](#)
- May 10: World Lupus Day; International; [World Lupus Day](#)

May

May (Days)

- May 12: International Awareness Day for Chronic Immunological and Neurological Diseases (CIND); International; [May 12 International Awareness Day](#)
- May 12: Canada Health Day; National; [Healthcare Canada](#)
- May 12: International Nurses Day; International; [International Council of Nurses](#)
- Second Saturday in May: [International Migratory Bird Day](#)
- May 15: International Day of Families; International; [UN](#)
- May 15: Spinal Cord Injury Awareness Day; National; [Spinal Cord Injury Ontario](#)
- May 15: Moose Hide Campaign Day; [Moose Hide Campaign Development Society](#)
- May 17: International Day Against Homophobia and Transphobia; International; [International Day Against Homophobia and Transphobia](#)
- May 18: International Museums Day; International; [International Council of Museums](#)
- May 19: World IBD Day; [Crohn's and Colitis Canada](#)
- May 20: World Autoimmune Arthritis Day; International; [AiArthritis](#)
- May 21: World Day for Cultural Diversity for Dialogue and Development; International; [UNESCO Canada](#)
- May 22: [International Day for Biological Diversity](#)
- May 22: World Preeclampsia Awareness Day; International; [Preeclampsia Foundation Canada](#)

May

May (Days)

- May 25: National Missing Children’s Day; National; Missing Children Society of Canada
- May 28: National Multiple Births Awareness Day; National; Multiple Births Canada
- May 28: Red Shirt Day; Easter Seals Canada
- May 30: World MS Day; International; World MS Day.
- May 31: World No-Tobacco Day; International; WHO

June

June (Months)

- ALS Awareness Month: National; ALS Canada
- Brain Injury Awareness Month: National; Brain Injury Canada
- Cataract Awareness Month; See the Possibilities
- DeafBlind Awareness Month: Ontario; DeafBlind Ontario Services
- International CDKL5 Awareness Month; International; CDKL5 Canada
- International Men’s Health Month; International; International Men’s Health Month



June

June (Months)

- March of Dimes Canada; March of Dimes Canada
- National Indigenous History Month; National; Government of Canada
- National Spina Bifida and Hydrocephalus Awareness Month; National; Canadian Premature Babies Foundation
- Pride Month; National; Pride Toronto
- Recreation and Parks Month; Provincial; Ontario
- Scleroderma Awareness Month; Scleroderma Canada
- Seniors' Month; Ontario; Ontario Seniors' Secretariat
- Stroke Month; National; Heart & Stroke Foundation of Canada
- Thyroid Awareness Month; National; Thyroid Foundation of Canada

June

June (Weeks)

- First Week: Alberta Seniors' Week; Alberta; Government of Alberta
- First Week: Canadian Environment Week; National; Environment Canada
- First Week: National Sun Awareness Week; National; Canadian Cancer Society



June

June (Weeks)

- First Week: Staffing for Canada Week; National; ACSESS
- First Week: HS Awareness Week ; International; Canadian Skin Patient Alliance
- Second Week: International Men’s Health Week; International; Canadian Men’s Health Foundation
- Second Week: Rivers to Oceans Week; National; Canadian Wildlife Federation

June

June (Days)

- First Sunday: National Cancer Survivors Day; National; National Cancer Survivors Day Foundation
- June 1: Intergenerational Day; National; Invi2i Intergenerational Society of Canada



June

June (Days)

- June 4: Clean Air Day; National; Environment Canada
- June 5: World Environment Day; International; UN
- June 6: HS Awareness Day; International; Canadian Skin Patient Alliance
- June 8: World Ocean Day
- June 9: International Archives Day; International Council on Archives
- June 12: World Day Against Child Labour; International; United Nations
- June 14: World Blood Donor Day; International; World Health Organization (WHO)
- June 15: World Elder Abuse Awareness Day; International; International Network for the Prevention of Elder Abuse
- June 17: CDKL5 Awareness Day; International; CDKL5 Canada
- Friday before Father's Day: Plaid for Dad; National; Canadian Cancer Society
- June 20: World Refugee Day; International; UN
- June 21: National Indigenous Peoples Day; National; Government of Canada



June

June (Days)

- June 22: World Kidney Cancer Q&A Day; International; International Kidney Cancer Coalition
- June 27: Canadian Multiculturalism Day; National; Canadian Heritage
- June 27: PTSD Awareness Day; National; Statistics Canada
- June 29: World Industrial Design Day; International; World Design Organization
- June 29: World Scleroderma Day; Scleroderma Canada

July

July (Months)

- Cleft & Craniofacial Awareness and Prevention Month; International: Transforming Faces

July (Weeks)

- Third Week: National Drowning Prevention Week; National; Lifesaving Society



July

July (Days)

- July 1: Canada Day; National; Canadian Heritage
- July 11: World Population Day; International; UN
- Third Saturday: Parks Day; National; Canadian Parks Council
- July 28: World Hepatitis Day; International; World Hepatitis Alliance
- July 30: World Day Against Trafficking in Persons; International; UN

August

August (Weeks)

- First Week: World Breastfeeding Week; International; World Alliance for Breastfeeding Action

August (Days)

- August 9: International Day of the World’s Indigenous People; International; UN
- August 12: International Youth Day; International; United Nations
- August 18: Never Give Up Day; National; Never Give Up Day
- August 31: Overdose Awareness Day; International; International Overdose Awareness Day





September

September (Months)

- Arthritis Month: National; [Arthritis Society Canada](#)
- Big Brothers Big Sisters Month; National; [Big Brothers Big Sisters of Canada](#)
- Blood Cancer Awareness Month; National; [The Leukemia & Lymphoma Society of Canada](#)
- Childhood Cancer Awareness Month; International; [Pediatric Oncology Group of Ontario](#)
- Global Pulmonary Fibrosis Month; [Canadian Pulmonary Fibrosis Foundation](#)
- Literacy is Life Month; British Columbia; [Decoda Literacy Solutions](#)
- Men's Cancer Health Awareness Month; National; [Canadian Cancer Society](#)
- Muscular Dystrophy Month; National; [Muscular Dystrophy Canada](#)
- National Duchenne Awareness Month; [Defeat Duchenne Canada](#)
- Ovarian Cancer Awareness Month; National; [Ovarian Cancer Canada](#)
- Polycystic Ovarian Syndrome (PCOS) Awareness Month; International; [PCOS Awareness](#)
- Prostate Cancer Awareness Month; National; [Canadian Cancer Society](#)

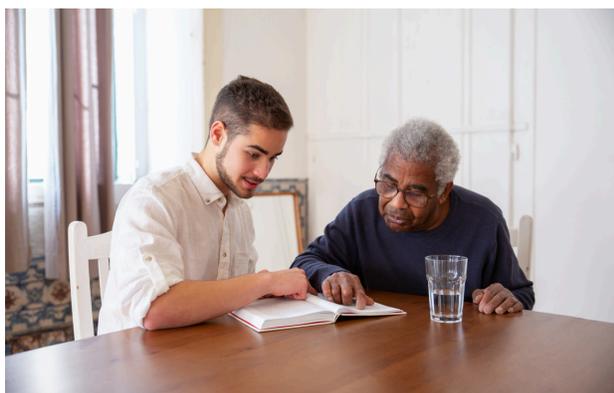
September

September (Months)

- Recovery Month; National; [Recovery Month Canada](#)
- Spinal Cord Injury Awareness Month; International; [Spinal Cord Injury Ontario](#)
- Syringomyelia & Chiari Malformation Month; National; [The Carion Fenn Foundation](#)
- Thyroid Cancer Awareness Month; International; [Thyroid Cancer Survivors' Association](#)
- World Alzheimer Awareness Month; International; [Alzheimer's Association](#)

September (Weeks)

- Third Week: Acne Awareness Week; National; [Acne and Rosacea Society of Canada](#)
- Third Week: Global Mitochondrial Disease Awareness Week; International; [MitoCanada](#)
- Third Week: National Prostate Cancer Awareness Week; National; [Canadian Cancer Society](#)



September

September (Weeks)

- Third Week: Ontario Coaches Week; Regional; Coaches Association of Ontario
- Fourth Week: National Forest Week; National; Forest Products Association of Canada
- Fourth Week: International Week of Deaf People; International; World Federation of the Deaf

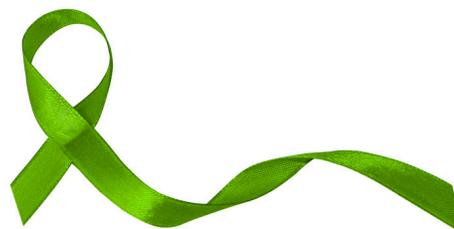
September (Days)

- September 4: Polycystic Kidney Disease (PKD) Awareness Day; National; PKD Foundation of Canada
- September 5: Spinal Cord Injury Day; International; Spinal Cord Injury Ontario
- September 7: National Grandparents' Day; International; Government of Canada
- September 7: International Duchenne Awareness Day; Defeat Duchenne Canada
- September 7: Still's Disease Awareness Day; International; International Foundation for Autoimmune & Autoinflammatory Arthritis (AiArthritis)

September

September (Days)

- September 8: International Literacy Day; International; UNESCO
- September 9: International Fetal Alcohol Spectrum Disorder Awareness Day; International; FASD Awareness Day
- September 10: World Suicide Prevention Day; International; International Association for Suicide Prevention
- September 11: National Day of Service; National; Canadian Nation Day of Service Foundation
- Second Sunday: Terry Fox Run; National; Terry Fox Foundation
- September 13: Alzheimer Coffee Break Day; National; Alzheimer Society
- September 15: Worldwide Lymphoma Awareness Day; International; The Leukemia & Lymphoma Society of Canada
- September 16: International Day for the Preservation of the Ozone Layer; International; UN Environment Programme
- September 18: Big Brothers Big Sisters Day; National; Big Brothers Big Sisters of Canada



September

September (Days)

- September 18: Equal Pay Day; International; United Nations
- Third Friday: Military Family Appreciation Day; National; Together We Stand Foundation
- Third Saturday: National Hunting, Trapping and Fishing Heritage Day; National; Government of Canada
- September 21: World Alzheimer’s Day; International; Alzheimer Society
- September 21: International Day of Peace; International; UN
- September 22: CML Awareness Day; National; The Leukemia & Lymphoma Society of Canada
- September 23: International Day of Signed Languages; International; United Nations
- Last Sunday: Police and Peace Officer’s National Memorial Day; National; Canadian Police Association
- TBA, Varies by province, September 21-29: National Tree Day; Tree Canada
- September 30: Orange Shirt Day; National; Orange Shirt Day
- September 30: National Day for Truth and Reconciliation; National; Government of Canada



October

October (Months)

- Child Abuse Prevention Month; National; Kawartha Haliburton Children's Aid Society
- Community Support Month; Ontario; Ontario Community Support Association
- Disability Employment Awareness Month; National; Canadian Association for Supported Employment
- Dwarfism Awareness and Acceptance Month; Little People of Ontario
- Foster Family Month; British Columbia; BCFPA
- Healthy Workplace Month; National; Canada's Healthy Workplace Month
- Investor Education Month; International; Canadian Securities Administrators
- Islamic History Month; National; Islamic History Month Canada
- Learning Disabilities Awareness Month; National; Learning Disabilities Association of Canada
- Latin American Heritage Month; Government of Canada
- Occupational Therapy Month; National; Canadian Association of Occupational Therapists
- Pregnancy and Infant Loss Awareness Month; Pregnancy and Infant Loss (PAIL) Network
- Rett Syndrome Awareness Month; National; Ontario Rett Syndrome Association
- Sudden Infant Death Syndrome (SIDS) Awareness Month; National; Baby's Breath

October

October (Months)

- Community Health & Wellbeing Month; Regional; Alliance for Healthier Communities
- Autism Awareness Month: National; Government of Canada
- Breast Cancer Awareness Month; National; Canadian Breast Cancer Foundation
- Canada Library Month; National; Canadian Federation of Library Associations (CFLA-FCAB)
- Women's History Month; National; Women and Gender Equality Canada

October

October (Weeks)

- First Full Week: Mental Illness Awareness Week; National; Canadian Alliance on Mental Illness and Mental Health
- First Week: National Family Week; National; Families Canada
- October 4- 10: World Space Week; International; World Space Week
- Second Week: Canadian Malnutrition Awareness Week; National; Canadian Malnutrition Task Force
- Second Week: Fire Prevention Week; National; Canadian Association of Fire Chiefs
- Second Full Week: Workplace Bullying Awareness Week; Canadian Institute of Workplace Bullying Resources
- Second Week: National Cooperative Week; National; International Co-operative Alliance
- TBA: Media Literacy Week; MediaSmarts

October

October (Weeks)

- Third Week: National School Safety Week; National; Canada Safety Council
- Third Week: Foster Family Appreciation Week; National; York Region CAS
- Third Week: Ontario Library Week; Regional; Ontario Library Association
- Third Week: YWCA Week Without Violence; National; YWCA
- Third Week: Canadian Down Syndrome Week; National; Canadian Down Syndrome Society
- Fourth Week: International Brain Tumour Awareness Week; International; Brain Tumour Foundation of Canada
- Fourth Week: National Block Parents Week; National; National Block Program of Canada
- Fourth Week: Waste Reduction Week; National; Circular Economy Month
- Last Week: Disarmament Week; International; UN

October (Days)

- October 1: International Day for Older Persons; International; UN



October

October (Days)

- October 1: International Music Day; International; [Pearson Canada](#)
- October 2: Wrongful Conviction Day; International; [Innocence Canada](#)
- First Monday: World Habitat Day; International; [UN](#)
- October 4: World Animal Day; International; [World Animal Day](#)
- October 5: World Meningitis Day; International; [World Health Organization](#)
- October 5: International World Teacher’s Day; International; [UNESCO](#)
- October 6: World Cerebral Palsy Day; International; [Ontario Federation for Cerebral Palsy](#)
- Second Wednesday in October: National Stop Bullying Day; International
- October 9: World Sight Day; International; [Canadian Association of Optometrists](#)
- October 10: World Mental Health Day; International; [World Health Organization](#)
- October 11: World Hospice and Palliative Care Day; International; [World Hospice and Palliative Care Day](#)



October

October (Days)

- October 13: International Day for Natural Disaster Reduction; International; UN
- October 13: World Thrombosis Day; International: Thrombosis Canada
- October 15: International Idic15 Awareness Day; Government of BC
- October 15: Pregnancy and Infant Loss Awareness Day; Pregnancy and Infant Loss Awareness Day
- October 16: World Food Day; International; UN
- October 17: International Day for the Eradication of Poverty; International; UN
- October 18: Persons Day; National; Women and Gender Equality Canada
- October 18: World Menopause Day; International; International Menopause Society
- October 19: National Psoriatic Arthritis Day; Canadian Spondyloarthritis Association
- October 23: Digital Citizen Day; MediaSmarts
- October 24: Child Care Worker and Early Childhood Educator Appreciation Day; National; Ontario Coalition for Better Childcare
- October 24: United Nations Day and World Development Information Day; International; UN
- October 25: Dwarfism Awareness Day; Little People of Ontario



October

October (Days)

- October 27: World Occupational Therapy Day; International; World Federation of Occupational Therapists

November

November (Months)

- Adoption Awareness Month; British Columbia; BCFPA
- Amaryllis Month; National; Huntington Society of Canada
- Cardio Pulmonary Resuscitation Awareness Month; National; Canadian Red Cross
- Crohn's Disease and Colitis Awareness Month; National; Crohn's and Colitis Canada
- Diabetes Month; National; Diabetes Canada
- Family Violence Prevention Month; Alberta; Government of Alberta
- Incontinence Awareness Month; National; myostomy.ca
- Lung Cancer Awareness Month; National; Lung Cancer Canada
- Movember (Men's Health Awareness); National; Movember Canada
- National Community Safety and Crime Prevention Campaign; National; Canada Safety Council
- National Financial Literacy Month; CPA Canada
- Osteoporosis Month; National; Osteoporosis Canada
- Pulmonary Hypertension Awareness Month; National; PHA Canada
- Pancreatic Cancer Awareness Month; National; Pancreatic Cancer Canada

November

November (Months)

- Woman Abuse Prevention Month; Ontario; Government of Ontario
- World Quality Month; International; ASQ
- 4-H Month; Canadian 4-H Council

Special Campaign

- Project Red Ribbon: November 1 – January 6; MADD Canada

November (Weeks)

- First Week: Canadian Patient Safety Week; National; Healthcare Excellence Canada
- First Week: Carbon Monoxide (CO) Awareness Week; Alberta; Safety Codes Council
- First Week: Holocaust Education Week; Government of Canada
- First Week: Medical Radiation Technologists (MRT) Awareness Week; National; Canadian Association of Medical Radiation Technologists
- First Week: National Pain Awareness Week; National; Pain Canada
- First Week: Veterans' Week; National; Government of Canada
- Second Week: National Seniors' Safety Week; National; Canada Safety Council



November

November (Weeks)

- Second Week: Education Savings Week; National; Government of Canada
- Third Week: Bullying Awareness Week; National; Government of Alberta
- Third Week: Multiculturalism Week; British Columbia; Government of BC
- Third Week: Restorative Justice Week; National; Government of Canada
- Third Week: National Marfan Awareness Week; National; Genetic Aortic Disorders Association Canada
- November 25 – December 6: White Ribbon Campaign; National; The White Ribbon Campaign (men against men’s violence against women)
- Fourth Week: National Addiction Awareness Week; National; Canadian Centre on Substance Abuse

November (Days)

- November 1: International Sturge Weber Syndrome Awareness Day; International; Sturge-Weber Foundation



November

November (Days)

- November 3: International Day for Biosphere Reserves; International; [UNESCO](#)
- November 5: International Volunteer Manager Appreciation Day; International; [Volunteer Canada](#)
- November 6: Show Your 4-H Colours Day; [Canadian 4-H Council](#)
- November 11: Remembrance Day; National; [The Royal Canadian Legion](#)
- November 14: World Diabetes Day; International; [International Diabetes Federation](#)
- November 15: International PEN Day of the Imprisoned Writer; International; [PEN Canada](#)
- November 15: National Philanthropy Day; [Association of Fundraising Professionals](#)
- November 16: International Day of Tolerance; International; [UNESCO](#)
- November 17: World Prematurity Day; International; [Canadian Premature Babies Foundation](#)
- November 19: National Enteropathic Arthritis Day; [Canadian Spondyloarthritis Association](#)
- November 20: Transgender Day of Remembrance; International; [GLAAD](#)
- November 20: World Children's Day; International; [UN](#)
- Third Thursday: World Pancreatic Cancer Day; International; [Pancreatic Cancer Day](#)

November

November (Days)

- Third Tuesday: National Bereavement Day; Canadian Hospice Palliative Care Association
- Third Wednesday: National Day of Remembrance for Road Crash Victims; National; Canadian Council of Motor Transport Administrators
- Third Thursday: International Children’s Grief Awareness Day; Canadian Hospice Palliative Care Association
- November 25: International Day for the Elimination of Violence against Women; International; UN
- November 26: End Economic Abuse Awareness Day; National; Canadian Center for Women’s Empowerment (CCFWE)
- November 28: International Buy Nothing Day
- November 29: International Day of Solidarity with the Palestinian People; International; UN
- November 30: Stomach Cancer Awareness Day; Stomach Cancer Foundation of Canada



December

December (Days)

- December 1: World AIDS Day; International; Canadian Foundation for AIDS Research
- First Tuesday after American Thanksgiving: GivingTuesday; International; GivingTuesday
- December 2: United Nations International Day for the Abolition of Slavery; International; UN
- December 3: United Nations International Day of Disabled Persons; International; UN
- December 5: International Volunteer Day; International; UN Volunteers
- December 6: National Day of Remembrance and Action on Violence Against Women; National; Women and Gender Equality Canada
- December 10: Human Rights Day; International; UN
- December 17: Anti-Bullying Day; National; Bullying Canada

